

Comments: _____



Scholastic Achievement Program

Student's Name: _____

Age: _____ Grade: _____

School: _____

Teacher: _____

Date: _____

Teacher's Signature



Half Mile from the Bonsack Wal-Mart
5650 Cloverdale Road
Roanoke, VA 24019
(540) 561-0900
www.Lindamoodstk.com

Chief Instructor: Mr. Bobby Lindamood
Asst. Instructor: Mrs. Michelle Lindamood



S.U.P.E.R Star


Self-Discipline * Utmost * Perseverance * Enthusiasm * Responsibility

Dear Teacher:

This student is a member of Lindamood's Taekwondo America. We work to motivate the students to try their best in everything they do, especially in school. Thus, we have incorporated an award system in our program to recognize the students who show a positive effort in their school work. **More important to us than their actual grades, we are striving to positively recognize students who are making a conscientious effort to improve their school work.**

Please fill out this form and mark which category, if any, applies to this student. Give this form back to the student and have him/her return it to Mr. Lindamood, his/her Taekwondo Instructor.

Please check all that apply to this student: Comments can be made on back)

	Always	Most of the time	More effort is needed	Needs <u>immediate</u> improvement
Completes Homework				
Pays attention in class				
Respectful to Teachers				
Completes in-class assignments				
Maintains a positive attitude				
Shows a determination to learn				

GOLD STAR: All "Always" Checked

SILVER STAR: Mostly "Always" & "Most of the Time" Checked

BRONZE STAR: All Checks in "More Effort Needed" & "Immediate Improvement"

Our Instructors are available to appear in your school or classroom at any event! If you would like for one of our Instructors to visit your class, all you need to do is contact us and schedule the time and date. Our schedules fill quickly so the more notice you give us, the more likely we will be available on your first choice of day.

You can contact us by either:

- 1) Calling our Taekwondo school at **(540) 561-0900**. If we are not there, leave a message. Please include the time, date, and a telephone number where we can reach you after 5:00 pm (We teach at night!); **or**,
- 2) E-mailing us at **Lindtkd@cox.net**.

What topics do we cover?

We have several presentations that we can give your students. They are all adjustable based on the age of the students and the goals you wish to accomplish in that class. We have spoken many times on the following topics:

- **Stranger Danger**
- **Conflict Resolution**
- **History of Martial Arts**
- **Outdoor Education Days**
- **Physical Education**
- **Proper Exercise Techniques**
- **Career Days**
- **Small business operations**
- **How to start a business**
- **Marketing**
- **Hands on Classes**
- **And just about anything else you can think of!**

And of course, our favorite topic is

Give the Teacher 30-45 minutes to just relax!